

HUMAN DEVELOPMENT, MINOR

College of Agricultural & Environmental Sciences

The Department of Human Ecology offers two minors: Aging & Adult Development (<https://catalog.ucdavis.edu/departments-programs-degrees/human-ecology/aging-adult-development-minor/>) and Human Development.

Minor Advisor

Brittany Chambers; see academic advisor Galyna Erdman (gerdman@ucdavis.edu) in 1331 Hart Hall.

Code	Title	Units
HDE 100A or HDE 100AV	Infancy & Early Childhood	4
HDE 100B or HDE 100BV	Middle Childhood & Adolescence	4
Choose one:		4
HDE 100C	Adulthood & Aging	
HDE 110 or HDE 110V	Families in Communities	
Choose two:		8
HDE 101	Cognitive Development (Discontinued for summer 2026) **	
HDE 102	Social & Personality Development (Discontinued for summer 2026) **	
HDE 104	Children in Families, Schools, Communities	
HDE 111	Family Stress & Resilience	
HDE 112	Social Relationships Across the Lifespan	
HDE/ENT 117	Longevity	
HDE 130	Developmental Psychopathology	
HDE 131 or HDE 131V	Thriving Across the Lifespan	
HDE 133 or HDE 133V	Stress, Adversity & Resilience	
HDE 134	Disparities & Inequalities in Health & Wellbeing	
HDE 135 or HDE 135V	Health Behaviors Across the Lifespan	
HDE 137	Contextual Determinants of Health	
HDE 160	Social Aspects of Aging	
HDE 161	Technology Use, Health, & Aging	
HDE 163	Cognitive Neuropsychology in Adulthood & Aging	
Total Units		20

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Course(s) discontinued; see your advisor for course options.