

# HUMAN DEVELOPMENT, MINOR

## College of Agricultural & Environmental Sciences

The Department of Human Ecology offers two minors: Aging & Adult Development (<https://catalog.ucdavis.edu/departments-programs-degrees/human-ecology/aging-adult-development-minor/>) and Human Development.

## Minor Advisor

Brittany Chambers; see academic advisor Galyna Erdman (gerdman@ucdavis.edu) in 1331 Hart Hall.

Code	Title	Units
HDE 100A	Infancy & Early Childhood	4
or HDE 100AV	Infancy & Early Childhood	
HDE 100B	Middle Childhood & Adolescence	4
or HDE 100BV	Middle Childhood & Adolescence	
Choose one:		4
HDE 100C	Adulthood & Aging	
HDE 110	Families in Communities	
or HDE 110V	Families in Communities	
Choose two:		8
HDE 101	Cognitive Development (Discontinued for summer 2026) **	
HDE 102	Social & Personality Development (Discontinued for summer 2026) **	
HDE 104	Children in Families, Schools, Communities	
HDE 111	Family Stress & Resilience	
HDE 112	Social Relationships Across the Lifespan	
HDE/ENT 117	Longevity	
HDE 130	Developmental Psychopathology	
HDE 131	Thriving Across the Lifespan	
or HDE 131V	Thriving Across the Lifespan	
HDE 133	Stress, Adversity & Resilience	
or HDE 133V	Stress, Adversity & Resilience	
HDE 134	Disparities & Inequalities in Health & Wellbeing	
HDE 135	Health Behaviors Across the Lifespan	
or HDE 135V	Health Behaviors Across the Lifespan	
HDE 137	Contextual Determinants of Health	
HDE 160	Social Aspects of Aging	
HDE 161	Technology Use, Health, & Aging	
HDE 163	Cognitive Neuropsychology in Adulthood & Aging	
<b>Total Units</b>		<b>20</b>

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Course(s) discontinued; see your advisor for course options.