

EXERCISE BIOLOGY, MINOR

College of Biological Sciences

Learn how physical activity levels impact human form and function. The courses are designed to foster intellectual curiosity, problem-solving and critical thinking skills, in the context of understanding organismal animal (including human) biology.

Faculty Advisor

Aldrin V. Gomes, Ph.D.

Advising

Biology Academic Success Center (BASC) (<https://basc.biology.ucdavis.edu/>) in 1023 Katherine Esau Science Hall (formerly Sciences Laboratory Building); 530-752-0410.

Only one course used to satisfy a requirement for the minor may be applied toward a student's major.

Code	Title	Units
Choose at least 15 units:		15
EXB 101	Exercise Physiology	
EXB 110	Exercise Metabolism	
EXB 112	Clinical Exercise Physiology	
EXB 117	Exercise & Aging in Health & Disease	
EXB 124	Physiology of Maximal Human Performance	
EXB 125	Neuromuscular & Behavioral Aspects of Motor Control	
NPB 109	Kinesiology: Analysis & Control of Human Movement	
Exercise Biology or other approved course; an additional 3 upper division units from either the previous list of Exercise Biology (EXB) courses or from:		3
EXB 106/CHA 101	Human Gross Anatomy	
NPB 101	Systemic Physiology	
BIS 101	Genes & Gene Expression	
BIS 104	Cell Biology	
BIS 105	Biomolecules & Metabolism	
Total Units		18