CLINICAL NUTRITION, BACHELOR OF SCIENCE

College of Agricultural & Environmental Sciences

The Major Program

The Clinical Nutrition major provides students with training in normal and therapeutic nutrition, biological and social sciences, food science, communication, business management and food service management. This major fulfills the academic requirements for admission into a dietetics internship or the equivalent, which must be completed before qualifying for registration as a dietitian. Effective January 1, 2024, the Commission on Dietetic Registration (CDR) requires a minimum of a master's degree to be eligible to take the credentialing exam to become a registered dietitian.

The Program

The Clinical Nutrition major includes the same basic core of nutrition classes as the Nutrition Science major, but includes additional courses such as food service management, education, sociology, and communication skills to prepare for work with the public. Clinical Nutrition students spend the first two years completing preparatory course work in the basic biological sciences, along with several of the social sciences. In the final two years, students take courses in normal and clinical nutrition, food science, biochemistry, and management techniques.

Entering freshman or transfer students are assumed to have basic computer skills and to demonstrate mathematics competency adequate to pass the Mathematics Placement Examination (http://www.math.ucdavis.edu/undergrad/math_placement/) with a minimum score of 25.

Major Advisor

Francene Steinberg (Nutrition)

Advising Center for the major is located in 3202 Meyer Hall; 530-752-2512; 530-752-7094.

Career Alternatives

The Clinical Nutrition major qualifies students to apply for a dietetic internship accredited by the Accreditation Council for Education in Nutrition and Dietetics enabling them to become a Registered Dietitian, the professional credential necessary to work in a clinical setting. Once dietitians are registered, they generally seek employment in administrative, therapeutic, teaching, research, or public health/public service positions in clinics, hospitals, schools, or other similar institutions. There is a growing role for dietitians working in settings outside of the traditional hospital (for example, in state and federal nutrition programs, nutrition education, Peace Corps and Cooperative Extension work). Students who complete the undergraduate preparation in clinical nutrition are also qualified to enter graduate programs in dietetics, nutrition science, public health nutrition, and food service management.

Code	Title	Units
Written/Oral Expression		
ENL 003	Introduction to Literature	4
or UWP 001	Introduction to Academic Literacies	
CMN 001	Introduction to Public Speaking	4
Written/Oral Expression Subtotal		8
Preparatory Subject Matter		
Biological Science		
BIS 002A	Introduction to Biology: Essentials of Life on Earth	5
BIS 002B	Introduction to Biology: Principles of Ecology & Evolution	5
Chemistry		
CHE 002A	General Chemistry	5
CHE 002B	General Chemistry	5
CHE 002C	General Chemistry	5
CHE 008A	Organic Chemistry: Brief Course	2
CHE 008B	Organic Chemistry: Brief Course	4
Economics		
ECN 001A	Principles of Microeconomics	4
or ECN 001B	Principles of Macroeconomics	
Psychology		
PSC 001	General Psychology	4
Choose one:		4-5
SOC 001	Introduction to Sociology	
SOC 003	Social Problems	
ANT 002	Cultural Anthropology	
Statistics		
STA 013	Elementary Statistics	4
Preparatory Subject Matter Subtotal		47-48
Depth Subject Matter		
ARE 112	Fundamentals of Organization Management	4
ABI 102	Animal Biochemistry & Metabolism	5
ABI 103	Animal Biochemistry & Metabolism	5
BIS 101	Genes & Gene Expression	4
FST 100A	Food Chemistry	4
FST 100B	Food Properties	4
FSM 120	Principles of Quantity Food Production	4
FSM 120L	Quantity Food Production Laboratory	2
FSM 122	Food Service Systems Management	3
MIC 102	Introductory Microbiology	3
MIC 103L	Introductory Microbiology Laboratory	2
NUT 106	Food Chemistry for Clinical Nutrition	5
NUT 111AY	Introduction to Nutrition & Metabolism	3
NUT 111B	Recommendations & Standards for Human Nutrition	2
NUT 112	Nutritional Assessment	4
NUT 116A	Clinical Nutrition	3
NUT 116AL	Clinical Nutrition Practicum	3
NUT 116B	Clinical Nutrition	3
NUT 116BL	Clinical Nutrition Practicum	3
NUT 118	Community Nutrition	4
NUT 190	Proseminar in Nutrition	1
NPB 101	Systemic Physiology	5
NPB 101L	Systemic Physiology Laboratory	3
Additional upper division Nutrition electives.		4

Depth Subject Matter Subtotal	83
Total Units	**138-139**