

HEALTH & COUNSELING SERVICES

Student Health & Counseling Services (SHCS)

Medical Services

Student Health & Wellness Center (<https://shcs.ucdavis.edu/>);
Appointments: 530-752-2349; General information: 530-752-2300

Student Health Services provides wellness resources and cost-sensitive medical care tailored to the unique and diverse needs of UC Davis students. All registered students choose a primary care provider (PCP) who coordinates their wellness care and treatment needs. SHCS staff includes physicians, nurse practitioners, registered nurses, physical therapists, dietitians and health educators. Pharmacy, lab, and x-ray services are available. Medical care is provided at the Student Health & Wellness Center (<http://campusmap.ucdavis.edu/?b=146>). Services are available to all registered students regardless of insurance coverage. After hours, students can speak with an advice nurse at 530-752-2349. To read about services and fees, make an appointment, get urgent care information, or contact an advice nurse after hours, see Services (<https://shcs.ucdavis.edu/medical-services/>).

Student Health Insurance

The University of California (UC) requires that all students have health insurance. To ensure this requirement is met, all UC students are automatically enrolled in UC Student Health Insurance Plan (UC SHIP) and fees for coverage are charged to your student account each term. UC SHIP includes medical, dental and vision benefits. Students with comparable health insurance can apply for a UC SHIP student health insurance waiver (<https://shcs.ucdavis.edu/insurance/waiver/>). For complete information, see Insurance (<https://shcs.ucdavis.edu/insurance/>).

Immunizations

All incoming new, transfer and graduate students, including students in the Veterinary Medicine and School of Nursing programs, are required to meet the UC Immunization & TB Risk Screening requirement (<https://shcs.ucdavis.edu/services/primary-care/>). Students become compliant with this requirement by entering their vaccination dates, uploading a copy of their immunization records, and completing the TB Risk Screening Questionnaire via the SHCS Health-e-Messaging (<https://hem.ucdavis.edu/>) website.

Students who do not complete this requirement will have a hold on their registration and will not be able to register for their second term.

Counseling Services

Student Health & Counseling Services (SHCS) (<https://shcs.ucdavis.edu/>); 219 North Hall; Appointments: 530-752-0871; General information: 530-752-2300

SHCS Counseling Services offers short-term individual counseling services to all registered students, as well as group therapy and workshops. There are also case managers and mental health advocacy specialists who assist in using insurance and referrals to community resources. To make a counseling or case management appointment, or for consultations, call 530-752-0871. Students can also schedule

appointments online through the SHCS Patient Portal (<https://hem.ucdavis.edu/>). Mental Health Crisis Consultation Services are available at Counseling Services (<https://shcs.ucdavis.edu/about/locationshours/>) at 219 North Hall, and in the Student Health & Wellness Center (<https://shcs.ucdavis.edu/about/locationshours/>) in Acute Care. If you need to speak to someone on the weekend, holiday, or after hours, call 530-752-0871 and follow the prompts.

Health Education & Promotion

Health Education & Promotion (HEP) (<https://shcs.ucdavis.edu/services/health-education-and-promotion/>) uses a health equity lens to foster environments, institutional practices and a campus culture that promote student well-being and academic success. HEP focuses on the following areas:

- Alcohol.
- Tobacco & other drug use.
- Sexual, Mental, & Physical well-being.